

# Call for Art

Stop Stigma Sacramento is organizing art exhibits around Sacramento County and on its website to recognize Mental Health Awareness Month this May!

Individuals living with a mental health condition, or those supporting others who live with a mental health condition, are welcomed to submit artwork to help dispel myths and mental health stereotypes and promote messages of wellness, hope and recovery.

## *Art Submission Guidelines:*

**WHO:** Artists must be **Sacramento County residents**

**WHAT:** One piece per artist may be submitted. Acceptable forms of art include:

- Physical Artwork – must be wall mountable and ready to hang
- Digital Artwork – must not exceed 4 minutes in length

**DEADLINE:** Thursday, April 20, at 4 p.m.

### **DROP-OFF DETAILS:**

**Location:** Sacramento County Department of Health Services,  
7001-A East Parkway, Lobby, Sacramento, CA 95823

**Days/Times:**

- Tuesdays (March 28 – April 18), 9 a.m.-1 p.m.
- Thursdays (March 30 – April 20), 1-4 p.m.

**REQUIREMENTS:** For a full description of art requirements, including the submission and release of liability forms, visit [StopStigmaSacramento.org](http://StopStigmaSacramento.org).\*

**Questions? Email [info@stopstigasacramento.org](mailto:info@stopstigasacramento.org)**

\*All artwork is subject to review and may or may not be put on display or published to our website. Submissions using discriminatory, derogatory language or inappropriate materials will not be displayed or published to our website.

**Mental  
Illness:  
It's not  
always what  
you think.**

**SACRAMENTO**  
C O U N T Y

Stop Stigma Sacramento is part of the "Mental illness: It's not always what you think," project funded by the Division of Behavioral Health Services through voter-approved Proposition 63, the Mental Health Services Act (MHSA).