

Sacramento County Division of Behavioral
Health Services proudly presents

Journey of Hope:

REAL LIFE STORIES OF LIVING
WITH MENTAL HEALTH CHALLENGES
PORTRAYED THROUGH ART

New Location!



3810 Broadway
Sacramento, CA 95817
[capsity.com](https://www.capsity.com)

Reception: October 4, 2025, 1:00pm-3:00pm

Exhibit: October 10-12 & 17-19, 2025, 1:00pm-5:00pm

For more information, go to:

<https://www.stopstigmatasacramento.org/get-involved/journey-of-hope/>





You're invited to:

Journey of Hope:

REAL LIFE STORIES OF LIVING WITH MENTAL HEALTH CHALLENGES PORTRAYED THROUGH ART

This collaborative art exhibit pairs writers with local artists to share stories of hope and recovery. The intent is to give others insight, inspiration, understanding, strength, connection, and raise awareness.



This event is organized by Stop Stigma
Sacramento. To learn more, visit:
<https://www.stopstigmasacramento.org/>

**Mental
Illness:**
It's not
always what
you think.

SACRAMENTO
COUNTY

This project is funded by the Division
of Behavioral Health Services through
voter-approved Proposition 63, the
Mental Health Services Act (MHSA).